

Journaling Prompts for Taking Courageous Action

What is important to you?
What is your deepest fear?
Where do you feel stuck?
How do you want to feel?
What would it feel to live a life of purpose and fulfilment?
What action(s) do you need to take?
How will you hold yourself accountable?

Do you still feel stuck? Do you need clarity in discovering your life purpose? Do you need support in taking courageous action? Schedule a free consultation here to learn how we can support you in living your life purpose, while feeling healthy, happy and fulfilled: FREE Connection Call with Larisa